



MIRCHI

TM



OUR MENU IS DESIGNED TO SUIT A WIDE VARIETY OF TASTES, LIFESTYLES & DIETARY REQUIREMENTS.

All of our meals are MSG free and we only use the freshest vegetables in all of our meals, never frozen!

We offer certified organic, gluten free, vegetarian, vegan, sugar free, dairy free, nut free and low carb choices so you can be at your best.

If you have specific dietary requirements, please let us know so we can help choose the right meal for you.

 MILD

 MEDIUM

 HOT

 DAIRY FREE

 GLUTEN FREE

 NUT FREE

 SUGAR FREE

 ALL MEALS ARE MSG FREE



MEET YOUR CHEF

At It's Mirchi, we are so proud to serve meals designed by one of Australia's finest female Indian chefs, Urvashi.

Along with attention to detail, she attributes her mastery of the cuisine to the authentic Indian recipes passed down to her by her mother.

With Urvashi's keen interest in healthy eating, it's no wonder It's Mirchi is so good for you and so tasty at the same time!

HEALTHY ENTRÉES




FREE RANGE TIKKA  13.9
Boneless chicken marinated and roasted in an oven.



LIGHT TANDOORI PRAWNS  14.9
Prawns marinated and roasted in an oven.





TAWA MUSHROOM / PANEER  12.9
Sautéed onion, capsicum and mushroom finished with shallots & spices.

GARLIC PRAWNS  14.9
The delicacy of the sea marinated with garlic and cream.




LIGHT TANDOORI BROCCOLI  12.9
Broccoli florets marinated in yogurt base sauce and cooked in an oven.

SMOKY TAWA TOFU  12.9
Tofu cooked marinated in smoky BBQ sauce. (Vegan)

MALAI TIKKA  12.9

Chicken breast marinated in the yogurt, basted white sauce and cooked in oven .

HEALTHY BREADS

WHOLE MEAL ROTI  4.5
Wholemeal Indian bread (can be serve without butter).

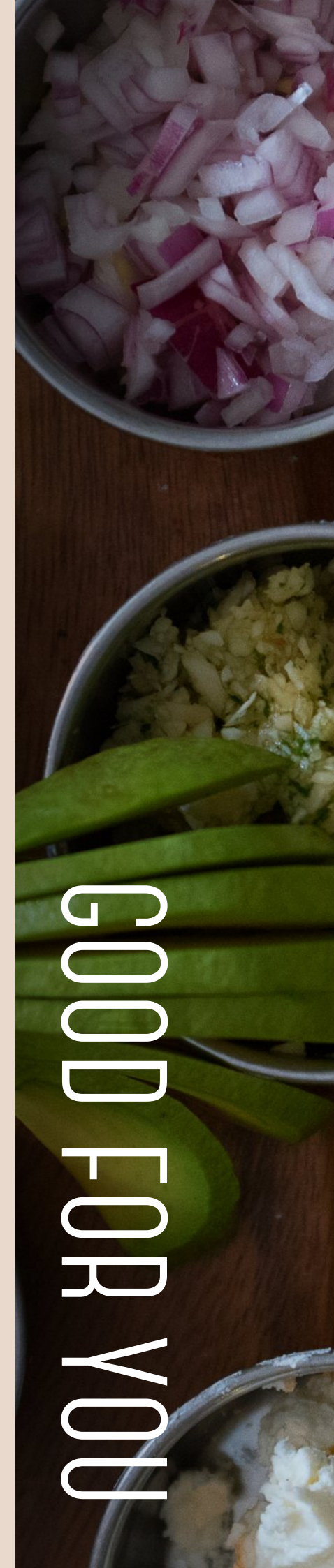
VEGAN GLUTEN FREE NAAN  5.5
Indian bread made with chickpea flour & touch of rice flour.

VEGAN GLUTEN FREE GARLIC NAAN  5.9
Gluten free naan rubbed in garlic.

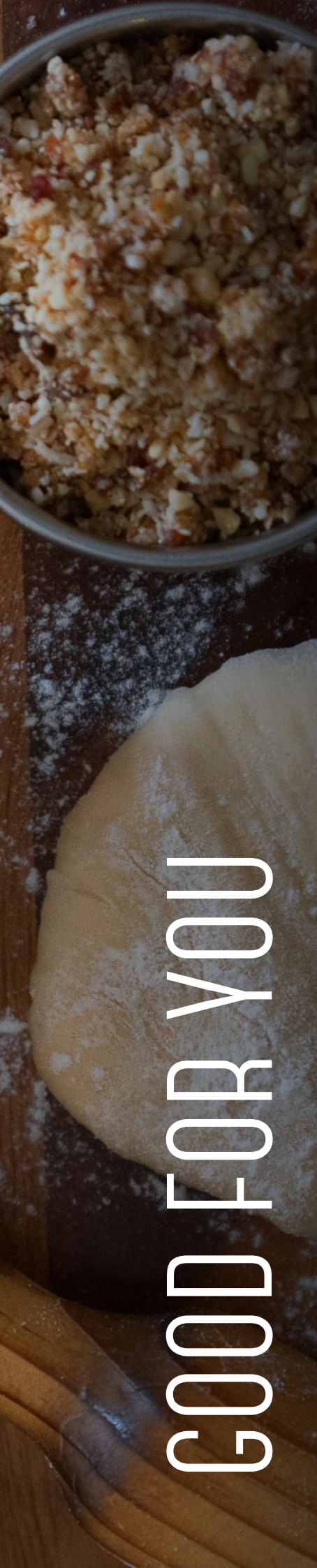
VEGAN GLUTEN FREE IT'S MIRCHI NAAN  6.5
Gluten free naan with onion, spinach, mushroom & avocado stuffing.

HEALTHY SIDES

ROASTED PAPPADUM 4



GOOD FOR YOU

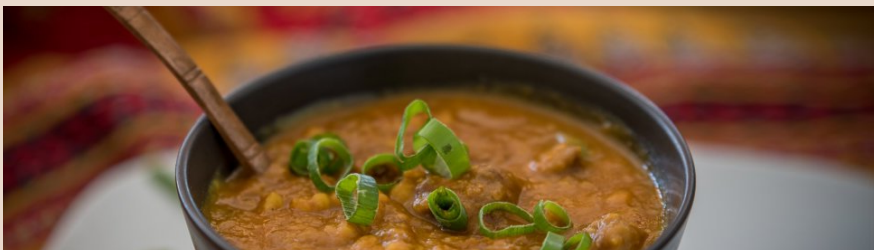


GOOD FOR YOU

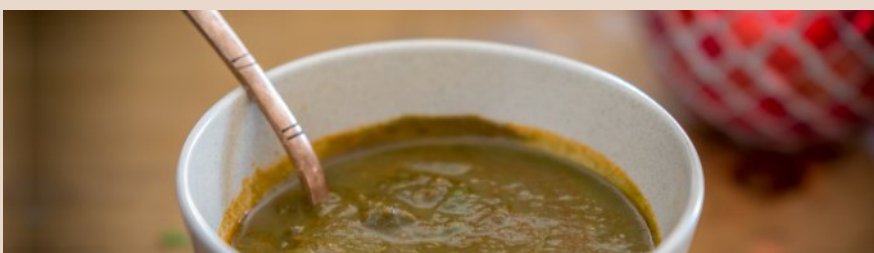
HEALTHY CURRIES



FREE RANGE CHICKEN SAAGWALA 🌱🌱🌱 25.95
Braised chicken breast cooked with spinach & onion, finished with fenugreek.



FREE RANGE CHICKEN DHANSHAK 🌱🌱🌱🌱 25.95
Braised chicken breast cooked with lentils and finished with shallots.



ORGANIC LAMB SAAGWALA 🌱🌱🌱 26.95
Organic lamb cooked with ginger & garlic, herbs & spices, finished with spinach and fenugreek.

ORGANIC LAMB DHANSAK 🌱🌱🌱 26.95
Organic lamb cooked with lentil & spices, finished with shallots.

INDIAN SALADS



IT'S MIRCHI SALAD 🌱🌱🌱 13.9
Sautéed mushrooms, spinach, avocado, lettuce and olives.



GREEN SALAD 🌱🌱🌱 5.9
Slices of tomato and cucumber on a bed of spinach.

IT'S
MIRCHI

VEGGIE



PANEER BUTTER MASALA 🌱🌱🌱 17.9
Traditional Indian cheese in a creamy tomato sauce.

PALAK PANEER 🌱🌱🌱 17.9
Fresh spinach leaves simmered with paneer, roasted spices and a touch of cream.

DAAL MAKHANI 🌱🌱🌱 17.9
Whole udad and kidney beans slowly braised in spices and a creamy tomato sauce.



FRESH VEG BUTTER MASALA 🌱🌱🌱 17.9
The same delicious flavours of our popular butter chicken with only vegetables instead.

MALAI KOFTA 🌱🌱🌱 17.9
Vegetable dumplings filled with paneer nuts & raisins in a mild creamy sauce.

PANEER KADHAI 🌱🌱🌱 17.9
Indian style cheese simmered with onion, capsicum and black pepper in a thick tomato and onion sauce.

VEGAN



CHICKPEA CURRY 🌱🌱🌱🌱 17.9
A chickpea and tomato based curry with a blend of fragrant spices.

GREEN MUNG MASALA 🌱🌱🌱🌱 17.9
Home style mung curry with fresh tomato sauce, seasoned with ginger, garlic and light spices.

KIDNEY BEAN MASALA 🌱🌱🌱🌱 17.9
A very famous home style North Indian curry made with onion, tomato sauce and light seasoning.



ALOO GOBI 🌱🌱🌱🌱 17.9
Traditional potato & cauliflower curry, simmered with onion and tomato sauce.



BOMBAY SPICED POTATO 🌱🌱🌱🌱 16.9
Diced potato sautéed in garlic and dry red chilli with roasted spices, finished with shallots.

VEG VINDALOO 🌱🌱🌱🌱 17.9
A favourite among the hot food lovers, Vindaloo is a delicacy from the west coast of India. It is chilli hot but delicious and now you can have with mix veg!

EGGPLANT MASALA 🌱🌱🌱🌱 18.9
Eggplant curry cooked with onion and tomato, finished with shallots.



VEG WHOLE MASOOR 🌱🌱🌱🌱 17.9
Rich in flavours with a high level of protein. The perfect combination of the healthy and chilli.

FRESH VEG KORMA 🌱🌱🌱 17.9
Lightly spiced mixed vegetables & nuts, simmered in a mild creamy sauce.

TADKA DAAL 🌱🌱🌱🌱 17.9
Lentil cooked and sizzled with garlic and cumin.

DAAL SAAGWALA 🌱🌱🌱🌱 17.9
Pan cooked spinach curry with lentils, seasoned with ginger and garlic.

GREEN POTATO* 🌱🌱🌱 18.9
Fresh spinach simmered with potato, roasted spices and a touch of cream.
*Can be made dairy free on request

ENTRÉES



VEG SAMOSA 8.5
Traditional homemade pastry filled with spice potatoes and peas, served with mint sauce.



ONION BHAJI 8.5
Slice onion fried in a mildly spiced batter.

HYDERABADI CHICKEN 65 12.9

Rice flour coated crispy chicken pieces served with sautéed onion, capsicum, and a tangy mouth-watering sauce.



FRESH CAULIFLOWER FLORETS 8.9
Cauliflower florets coated in a chick peas batter and fried.



FRESH BROCCOLI FLORETS 8.9
Fresh broccoli deep fried in a spicy batter.



KALE CHAAT 12.5
Kale chips spicy and garbanzo finished with tamarin & date sauce.

CLASSIC CURRIES

FREE-RANGE CHICKEN +\$6



BUTTER CHICKEN 20.9
Aromatic marinated braised chicken breast simmered in creamy tomato sauce.



MANGO CHICKEN* 20.9
Braised chicken breast simmered in a lightly spiced mango sauce.
*Can be made dairy free on request

CHICKEN / BEEF / LAMB

FREE-RANGE CHICKEN +\$6 / ORGANIC LAMB +\$6



COCONUT CURRY 21.9
South Indian style beef slow cooked in coconut, onion and aromatic spices.



DHANSAK 20.9
The Parsi national dish made from rice, vegetable potpour and lentils.



ROGAN JOSH 20.9
Meat marinated in Kashmiri spices with fried onion in rogan oil.



KORMA* 20.9
Indian gravy made with fennel and curry leaves, cooked with ground nuts simmered with creamy tomatoes
*Can be made dairy free on request



VINDALOO 20.9
A favourite among the hot food lovers. One of the delicacies from the West Coast of India. It is 'chilli hot' but delicious



SAAGWALA* 20.9
The succulent texture of the meat in this pan cooked spinach curry absorbs the flavours of spinach, ginger, garlic, and whole spices with roasted fenugreek.
*Can be made dairy free on request



MASALA 20.9
Traditional curry with sautéed onion, tomato and capsicum, finished with garam masala and coriander.



KADAI 20.9
Your choice of meat cooked in crushed pepper, onion, capsicum and coriander.

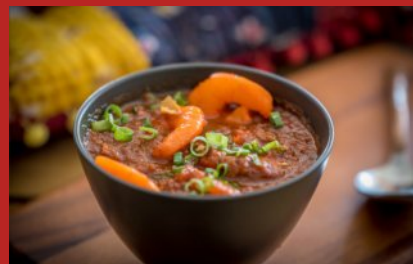


CHICKEN TIKKA MASALA 20.9
Braised chicken breast tikka simmered in a creamy sauce of ground cashews, tomatoes, onion and capsicum.

SEAFOOD



GOAN BARRAMUNDI / PRAWN CURRY 🌿🌶️🍛 24.9
Fresh fish or prawn curry made with ginger, garlic and green chilli, finished with dry spices & coconut cream.



PRAWN VINDALOO 🌿🌶️🍛 23.9
A favourite among the hot food lovers. One of the delicacies from the West Coast of India. It is 'chilli hot' but delicious

RICE

STEAMED BASMATI RICE 🌿🌶️🍛 3
Plain boiled rice. Basmati rice is unique species of rice originating from India.

BROWN RICE 🌿🌶️🍛 4.5
Boiled brown rice (a healthier choice).

SAFFRON RICE 🌿🌶️🍛 4
Yellow basmati rice with crushed saffron.

CAULIFLOWER & BROCCOLI RICE 🌿🌶️🍛 6.5
A delicious no-carb option.

VEGETABLE RICE 🌿🌶️🍛 7.5
Basmati rice and tender morsels of vegetables cooked with ginger and garlic, finished with shallots.

CUMIN RICE 🌿🌶️🍛 6.5
Basmati rice sautéed with ghee and cumin seeds.

COCONUT RICE 🌿🌶️🍛 4

KASHMIRI RICE 🌿 7.5
A popular North Indian style basmati rice cooked with sultanas and cashews, flavoured with cardamom and sugar.

IT'S
MIDCULI

BREADS



NAAN 4.5
Indian flatbread made with plain flour.

GARLIC NAAN 4.9
Naan is made with fresh herb and garlic.

PESHAWARI NAAN 5.9
Naan stuffed with a blend of cashews, raisins and desiccated coconut.

IT'S MIRCHI NAAN 6.9
Naan stuffed with mushroom, spinach, avocado and onion.

SPINACH & FETA NAAN 5.9

CHEESE NAAN 6.5

GARLIC & CHEESE NAAN 6.5

AVOCADO & ONION NAAN 6.5

MUSHROOM & ONION NAAN 5.9

ONION KULCHA



SIDES

LIME PICKLE 3.9

MANGO PICKLE 3.9

PAPPADUM 3.5

CUCUMBER RAITA 4.5

MANGO CHUTNEY 3.9

KIDS

CHICKEN NUGGETS 9.9

BUTTER CHICKEN 🌿🌶️ 9.9

MANGO CHICKEN 🌿🌶️ 9.9

CHICKEN KORMA 🌿🌶️ 9.9

CHOCOLATE NAAN 4.5

PANNER/CHICKEN TIKKA POUTINE 14.9
Hot potato chips with paneer or chicken, butter sauce and cheese melted on top.

DESSERTS

GULAB JAMUN 8.5
Solid milk balls soaked in sugar syrup and flavoured with cardamom and rose water.

KULFI - MANGO / PISTACHIO 8.5
Homemade Indian ice cream.



BEVERAGES

DRINKS

MANGO LASSI	6.5	ORGANIC FRUIT JUICE (SPARKLING) 5
LEMON LIME AND BITTERS	3.9	<i>Grapefruit / Pomegranate / Mango</i>
SOFT DRINK CAN 375ML	3.9	FLAVOURED MINERAL WATER 4.5
<i>Coke / Diet Coke / Coke Zero / Fanta / Sprite</i>		<i>Apple Berry / Orange Mango / Lime Orange Passionfruit / Raspberry</i>
FRUIT JUICE	4.5	KOMBUCHA 6
<i>Apple / Orange</i>		<i>Original / Kakadu Plum & Ginger / Pomegranate</i>

LOCAL BEER

QLD (Brisbane)

1. BALTER XPA 5%	8
2. NEWSTEAD BREWING CO. THE MAYNE THING GOLDEN LAGER 4.5%	8.5
3. NEWSTEAD BREWING CO. TWO TO VALLEY IPA 6.4%	11
4. NEWSTEAD BREWING CO. 3 QUARTER TIME SESSION ALE 3.4%	8.5
5. NEWSTEAD BREWING CO. LIQUIDERDAMBER AMBER ALE 5.2%	9
6. NEWSTEAD BREWING CO. INDIAN PALE ALE 6.4%	11
7. GREEN BEACON WAYFARER TROPICAL PALE ALE 4.9%	9
8. GREEN BEACON 3 BOLT PALE ALE 4.9%	9

VIC

O'BERIEN GLUTEN FREE PALE ALE 4.5%	8
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HOUSE BEER (TAP)

NEWSTEAD BREWING CO. OUT & ABOUT PALE ALE 5.2%	8	20
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INTERNATIONAL BEER

KING FISHER (INDIA) 5%	8.9
TIGER (SINGAPORE) 5%	8.9
CORONA (MEXICO) 4.5%	8.9
ASAHI SUPER DRY (JAPAN) 5%	8.9

CIDER, GINGER BEER & CRUISER

ROYAL JAMAICAN GINGER BEER 4.4%	10
YOUNG HENRY'S CLOUDY CIDER 4.5%	8
VODKA LUSH GUAVA CRUISER 4.6%	8
VODKA WILD RASPBERRY CRUISER 4.6%	8

COCKTAILS

EVERYDAY SUNRISE 14.9	COCONUT MOJITO 14.9
<i>Taquilla (30 ml), orange juice and ice garnished with a cherry.</i>	<i>Coconut rum (45ml), club soda, lime and fresh mint leaves.</i>
FRUIT TANGLE 14.9	PINKYISH GIN 14.9
<i>Vodka (45ml), Curacao, lemonade and a dash of raspberry.</i>	<i>Gin (30ml), tonic water and ice with a dash of raspberry.</i>

WINE

SPARKLING WINES

1. AZAHARA BRUT NV 200ML		Murray Darling - VIC	8
2. DAL ZOTTO PUCINO PROSECCO NV	Vegan	King Valley - VIC	40

WHITE WINES

3. LEEUWIN ART RIESLING	Vegan	Margaret River - WA	9	40
4. CROWDED HOUSE SAUVIGNON BLANC		Marlborough - New Zealand		38
5. DOG POINT SAUVIGNON BLANC	Vegan & Organic	Marlborough - New Zealand		50
6. SHAW & SMITH SAUVIGNON BLANC	Vegan	Adelaide Hills - SA	8	55
7. NORFOLK RISE PINOT GRIGIO		Limestone Coast - SA		36
8. RED CLAW PINOT GRIS	Vegan	Mornington Peninsula - VIC	10	46
9. STICKS CHARDONNAY		Yarra Valley - VIC		38
10. GIANT STEPS ESTATE CHARDONNAY		Yarra Valley - VIC		58

ROSE WINE

11. WILLOW BRIDGE ROSE		Western Australia	10	38
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RED WINES

12. ENDLESS VALLEY & HILL PINOT NOIR		Victoria	10	36
13. CATALINA SOUNDS PINOT NOIR		Marlborough - New Zealand		46
14. MOJO SHIRAZ		Barossa Valley - SA	10	38
15. TWO HANDS ANGELS SHARE SHIRAZ		Mclaren Vale - SA		55
16. YABBY LAKE SINGLE VINEYARD SYRAH	Vegan	Mornington Peninsula - VIC		58
17. LA LA LAND TEMPRANILLO	Vegan	Victoria		36
18. THREE LIONS CABERNET MERLOT	Vegan	Great Southern - WA	11	38
19. ROCKBARE CABERNET SAUVIGNON		Coonawarra - SA		42

IT'S
MIDCULT



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HEALTHY INDIAN™